

JOHN SALVATORE LIGNORE DMSC, MPS, PA-C

Hartford, CT | (860) 249-4466

General Surgery, Orthopedics & Trauma Advanced Practice Provider

Innovative top performer with 20 + years' experience, demonstrating communication and interpersonal skills in direct patient care, leadership, and team performance. Proven record of driving exceptional growth, using negotiation and persuasion abilities resulting in acquiring new accounts while cultivating existing ones. Forges relationships with executives, partners, and vendors within the medical field. Dedicated leader who fosters dynamic and motivated teams through exemplary active listening skills, both in person and remotely. Fluent in Conversational Spanish

Technical Skills: Microsoft Word, PowerPoint, Excel, Outlook, and Zoom

Core Competencies

Budget Management | Market Intelligence | Forecasting Trends | Training & Development
Collaboration | Performance Monitoring | Cross-Functional Leadership | Risk Assessment | Analytics
Quality Reports | Rational Problem Solving | Salesforce & Electronics Health Records (EHRs) | Payroll
Delegation & Time Management | Virtual Presentation | Project Management | Research & Strategy
Conflict Resolution | Payroll | Team Building | Active Listening | Multi-Tasking

Career Achievements

- **Fairfield County Administrator of the Year 2024.**
- **Sacred Heart Preceptor of the Year 2022**
- **Fairfield County Physician Assistant Educator of the Year 2022**
- **Assisted with Joint Commission Accreditation for Advanced Hip and Knee, Advanced Spine, Core Hip Fracture, and Core Shoulder**
- **Developed Billing Metrics Yielding Revenue for the Hospital under the Orthopedic Unit**

Professional Experience

Hartford Healthcare | Saint Vincent's Medical Center, Bridgeport, CT

02/2003 – 11/2025

Orthopedic Physician Assistant

- Duties include admitting patients. Performing and documenting a complete H&P as well as entering appropriate information and orders in Epic.
- Ordering and obtaining necessary diagnostic imaging studies and laboratory tests. Following through on interpretation of results and communicating with the team and attending physician.
- 1st and 2nd assisting in the operating room.
- Request consultation from other services, obtain appropriate work up, and follow through on recommendations.
- Participating in rounds, assisting with implementing management plan in collaboration with multidisciplinary team and attending physician.
- Entering, reviewing, and updating orders in Epic to include PT, OT, Speech, IV therapy, medications, restraints, patient care, and discharge orders.

Hartford Healthcare | Saint Vincent's Medical Center, Bridgeport, CT

02/2003 – 11/2025

Orthopedic Physician Assistant (continued)

- Addressing patient concerns brought forth by patient family or staff.
- Documenting patient encounters in Epic including, but not limited to admissions, progress, consult, procedure, or discharge notes.
- Performing procedures as credentialed: splinting, casting, closed reductions, aspirations, injections.

Trauma Acute Care Physician Assistant

05/2019 – 11/2025

- Works directly with Surgicalists to provide acute care trauma.
- Overseeing overnight emergency room coverage for traumatic patients.
- Procedures include invasive central line placement, NGT, chest tubes, lumbar puncture, and 1st assisting in emergent and elective surgical cases.

Neurosurgical Physician Assistant

01/2022 – 11/2025

- Hospital duties: first assistant in surgery, closure of a deep and superficial wounds to assist with all neurosurgical procedures to include craniotomies, spinal procedures including instrumentations, and microscopic procedures.
- Conduct hospital rounds of all patients including intensive care units, write orders, progress notes.
- Perform all admission history and physicals, order appropriate laboratory and radiographic tests such as MRIs, myelograms, bone scans, and other radiographic studies as needed or indicated.
- Assess appropriate laboratory and diagnostic studies, such as lumbar punctures, ventriculostomies, myelograms, placement of tong traction, halo fixation devices.
- Evaluate and clarify clinical conditions, formulate, and implement a treatment and therapeutic plan for hospitalized patients, discharge planning, dictate discharge summaries.

Hartford Healthcare | Saint Vincent's Medical Center, Bridgeport, CT

01/2019 – 02/2025

Orthopedic Advanced Practice Provider Clinical Manager

- Responsible for administrative supervision and management of the Physician Assistant (PA) and Nurse Practitioner (NP) staff within the Institute's operations and clinical practice
- In collaboration with the Operations Manager, Medical Advisory Board, and senior management, responsibilities included management of the full time and per diem PA/NP staff, operational planning, budget, and staff development.
- Additionally, responsibilities included managing orthopedic clinical practices, assuring standards of care were met throughout the continuum of care, and worked clinically to support the care delivered by the PA/NP team to meet the needs of the patients.
- Other duties included personnel hiring/dismissal, new hire orientation/onboarding, performance management, peer review, and scheduling/staffing of personnel.
- Supported the Director of Operations in managing patient demands, patient satisfaction, regulatory preparedness, quality improvement, employee satisfaction, business development, clinical integration, and fiscal stability.
- Promoted a culture of teamwork that focused on patient centered care while enhancing a model of seamless quality and cost-effective care both operationally and clinically.

Hartford Healthcare | Saint Vincent's Medical Center, Bridgeport, CT 01/2019 – 02/2025
Orthopedic Advanced Practice Provider Clinical Manager (continued)

- Developed a self-directed PA/NP team that provided safe and effective care. This included quality assessment, clinical development, and education for the PA/NP team through monthly lecture series, quarterly Orthopedic Division Meetings, and a new hire handbook.

Hartford Healthcare | Saint Vincent's Medical Center, Bridgeport, CT 04/2003 – 06/2009
Emergency Medicine Physician Assistant

- As part of a dynamic team, provided independent care of a diverse population of patients.
- Place invasive lines, as well as complete OBGYN exams.
- Involved in the care given to medical disorders in a wide array of biopsychosocial disciplines.

Orthofast | Fairfield, Monroe, Shelton & Milford, CT 02/2022 – 09/2025
Orthopedic Clinical Physician Assistant

- Job duties include examining and counseling walk-in orthopedic patients, diagnosing illnesses and injuries, administering injections, aspiration of joints, and reducing fractures/dislocations.
- Able to triage critical patients while working as a solo provider in a busy clinic.

Orthopedic Sports Medicine | Trumbull, CT 01/2011 – Present
Orthopedic Clinical Physician Assistant

- Employed as a part time orthopedic physician assistant. Had a full case load of patients.
- Ordered exams, interpreted X-rays, administered injections (Cortisone and Synvisc).
- Used ultrasound for injections and performed closed reductions, casting, and splinting workshops.

Tashua Physical Medicine Center | Monroe, CT 02/2003 – 03/2009
Medical Physician Assistant

- Provided the medical perspective of the professional health team.
- Elicited history and physicals, administered steroid injections, provided medication for patients, and scheduled follow-ups for thorough patient care.
- Directed goals, objectives, and treatment plans.
- Provided avenues of treatment for patients in need of chiropractic, massage therapy, and physical therapy rehabilitation.

Merritt Orthopedics | Shelton, CT 01/2003 – 02/2009
Orthopedic Physician Assistant

- Worked with orthopedic surgeons as 1st assistant in operating room in different hospitals, surgery centers, including Griffin Hospital, St. Vincent's Medical Center, and HealthSouth Surgery Center.
- Handled overnight call.
- Performed histories, physicals, and direct patient consults in the hospital. Administered cast application, intraarticular injections, and splinting.
- Covered local high school football games as an emergency on-site physician assistant.

Saint Raphael's Hospital | New Haven, CT

09/2002 – 06/2003

Pediatrics Physician Assistant

- Provided coverage for the department of pediatrics in the emergency room.
- Fielded questions from parents and guardians while on call.
- Ordered radiologic tests and labs for the purpose of diagnosing and treating the ailing pediatric patient.
- Covered pediatric clinic, and was active in administering vaccinations, suturing wounds, and giving reassurance to worried parents.

HealthSouth. Sports Medicine & Rehabilitation, Inc. | Trumbull, CT

02/1995 – 06/2000

Physical Therapy Assistant

- Acted as a liaison between therapist and patient.
- Assisted the therapist in directing patient treatment programs.
- Guided & instructed patients on proper form and technique, including sports medicine education.
- Conducted periodic discussions with the therapist regarding surgical interventions and rehabilitation goals of patients.
- Learned the application and rationale of therapeutic modalities (ultrasound, iontophoresis, massage, moist heat, traction) and beneficial activities (stretching, lumbar stabilization, proprioceptive exercise) as important measures of the rehabilitation process.
- Maintained equipment and managed office supplies.

Clerkship Experience

St. Luke's & Roosevelt Hospitals | New York City, NY

08/2001 – 10/2001

Orthopedic Surgery Physician Assistant Clerkship

- On 9/11/01 worked in orthopedic trauma clinic. Specialized in orthopedic repair of children, adults, and athletes with integrated advanced techniques and surgical assistance.
- Full assessments and examinations of traumatic orthopedic injuries were performed in clinic.

Education and Professional Development

University of Lynchburg | Lynchburg, VA | **Doctorate in Medical Science 2022**

Mercy College PA | Dobbs Ferry, NY | **Master of Professional Studies in Physician Assistant Studies | Baccalaureate of Science Degree in Health Services**

Fordham University | Bronx, NY | **Baccalaureate of Science Degree in Biology (Pre-Medicine)**

Certifications and Professional Memberships

Physician Assistant NCCPA-2002 – Present

Basic Life Support-May 2002 – Present

Advanced Cardiac Life Support- June 2002 – Present

Advanced Trauma Life Support-Nov 2019-Nov 2022

Member of American Academy of Physician Assistants Connecticut Academy of Physician Assistants