

DARIANA CUADRADO, DC

Doctor of Chiropractic | [REDACTED] [REDACTED] [REDACTED]

Doctor of Chiropractic bilingual (English/Spanish) with experience providing patient-centered chiropractic care in community health settings. Experienced in comprehensive evaluations, spinal adjustments, treatment planning, and patient education for musculoskeletal conditions. Proven ability to communicate effectively with predominantly Spanish-speaking populations and collaborate within multidisciplinary healthcare teams.

EXPERIENCE

Doctor of Chiropractic

SoVita Chiropractic – Charter Oak Health Center | Hartford, CT | October 2023 – August 2025

- Performed comprehensive chiropractic evaluations for acute and chronic musculoskeletal conditions
- Delivered spinal adjustments to cervical, thoracic, and lumbar regions
- Developed individualized treatment plans focused on functional recovery and pain management
- Educated patients on posture and exercises
- Reviewed and discussed x-rays findings to support diagnosis and treatment planning
- Documented clinical findings and treatment plans in EMR (eClinicalWorks)
- Collaborated with multidisciplinary healthcare providers in a community health center
- Served a predominantly Spanish-speaking patient population

EDUCATION

Doctor of Chiropractic, Cum Laude

Universidad Central del Caribe | Bayamón, P.R. | 2019 – 2023

Bachelor of Science in Biology

Universidad de Puerto Rico | Cayey, P.R. | 2013 – 2018

LICENSURE & CERTIFICATIONS

- National Board of Chiropractic Examiners (NBCE) – Part I, II, III, IV
- Physiotherapy Certification – NBCE
- Activator Technique
- Kinesiotaping (FMT – Basic)

ADDITIONAL CLINICAL TRAINING

Chiropractic Intern

CUMIC Outpatient Clinic | Universidad Central del Caribe, P.R. | 2022 – 2023

- Performed 200+ spinal and extremity adjustments under supervision
- Conducted patient histories, physical exams, orthopedic tests, and x-ray interpretation.
- Provided physical therapy modalities and postural assessments.

Chiropractic Student Clinic | Universidad Central del Caribe, P.R. | 2021 – 2022

- Performed patient evaluations and chiropractic adjustments
- Awarded for excellence in documentation and file audits

SKILLS

- Chiropractic Adjustments
- Physical Therapy Modalities
- Physical Evaluation
- Interdisciplinary Collaboration
- Bilingual Clinical Care (Spanish / English)

COMMUNITY & VOLUNTEERING

- Community health fairs and wellness events (Puerto Rico)
- MEDLIFE Volunteer Trip – Peru